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THE BROWNLISTED TOUR PAGE 10

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HOT? BEER. SMART!

With the heat wave keeping Winnipeg balmy on Wednesday afternoon, Jesse Quesnel and Amber Nielsen knew what to do to beat the heat — stop for a beer on the Bar Italia patio along Corydon Avenue. Environment Canada forecasts patio weather over the next week, with temperatures in the high 20s and nothing but sunshine. See how NOT to beat the heat on page 3. SHANE GIBSON/METRO

Account for every cent of PST hike, Katz tells province

'Complete bang for your buck.' Mayor also defends the city's property-tax increase

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Mayor Sam Katz summed up his appearance at a Manitoba Legislature hearing on the PST hike as an "enlightening" experience.

"I think everybody understands very clearly how we have to come up with a legitimate long-term plan to address our crumbling infrastructure," said Katz following Wednesday's executive policy committee meeting.

Katz's message to the committee of MLAs included three suggestions to the provincial government: account for every nickel now that the hike to eight per cent from seven per cent is a done deal — it began on Canada Day — rebate the PST for Manitoba municipalities — as is done with the GST — and work with municipalities on a long-term infrastructure plan.

"A government charging another government tax doesn't really make any sense," said Katz, adding the city will have to shell out another $1.4 million in PST payments, bringing the forecast total for 2013 to $11 million.

Asked by Metro about his own 3.87 per cent increase to property taxes earlier this year, Katz said that's comparing "apples with watermelons."

"We also froze our property taxes for seven years, which was unheard of, so we have done things that no governments have done," said Katz, before referring to the one per cent of the 3.87 set aside for roads.

"You're comparing apples with watermelons this time, because you're talking about $4.5 million in a one per cent of property tax versus $277 million on one point of PST."

Katz said all levels of government must be mindful of getting the "complete bang for your buck" when it comes to taxpayers' money.

He also did not rule out a municipal tax increase next year.

Cash in, cash out

$17M

The amount Manitoba municipalities pay in PST to the provincial government, which Mayor Sam Katz believes should be returned to municipal coffers.

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CAA deals with spike in calls for kids, pets locked in cars

'Lethal temperatures'. As heat wave hits the 'Peg, auto club deals with influx of dangerous situations, as when it's 32 C outside it can be 38-40 C inside a car

SHANE GIBSON
shane.gibson@metronews.ca

CAA Manitoba spokesperson Liz Peters and battery technician Tiberio Pereira demonstrate why sitting in a car is not the best way to beat the heat this summer. SHANE GIBSON/METRO

With nothing but sunshine and high temperatures forecast for Winnipeg over the next week, CAA Manitoba is reminding drivers to never leave kids or pets unattended in cars after the auto club was called to more than 50 such calls in the last month.

"It happens, you'd be surprised with how many people call," said CAA spokesperson Liz Peters Wednesday. "If it's 32 degrees outside, inside your car it's going to be between 38 and 40 degrees — that's lethal temperatures, especially when you're talking about a young child."

Although the advice might seem obvious, Peters said it's easier than people think to accidentally lock a child or a pet in a car on a hot day.

"We see a lot of people this time of year leaving their car running so it's nice and cool when they get back in if they're running a quick errand," she said, adding that's exactly what happened to a young mother last week, who ended up locking her one-month old child in the car. "Then, all of a sudden it's an emergency."

Peters said when CAA gets a report of a child locked in a car, technicians "drop everything else" and race to help unlock the car — whether the caller is a member or not.

During heat waves like the city is seeing, Peter said CAA also sees an increase in calls for cars with dead batteries, as summer heat can be just as bad as winter's cold on batteries.

"The heat can cause your battery to over-charge," she explained, noting CAA saw a 35 per cent spike in service calls Tuesday. "After two or three days in a row of heat, that's when you're going to see batteries dying."

It's gettin' hot in here

Spray-pad hours expand

The heat wave hanging over Winnipeg has inspired the city to keep a number of their spray pads open for 11 hours a day.

The city announced Wednesday effective immediately 12 spray pads would now be open 10 a.m. until 9 p.m.

"We are pleased to be able to open our spray pads a little earlier in the day," said Mayor Sam Katz. "With possible record-breaking temperatures in the forecast, Winnipeg families will now have even more time to cool off and have fun."

For a list of the splash pads with extended hours go to winnipeg.ca or call 311.

Crest can now be used freely for city business

Officials no longer need special permission to use the crest. METRO

Seems that when it comes to the City of Winnipeg's logo and crest, the former could be used freely by the public service and elected officials, while the crest required special permission.

Coun. Russ Wyatt (Transcona) changed that with a motion during Wednesday's executive policy committee allowing the use of both for city business.

Wyatt told the members of the committee that he's been using the crest on his business cards for years.

"I guess I'm grandfathering myself in," he said with a chuckle before the motion passed unanimously.

Mayor Sam Katz called the motion "housecleaning," and said some people at city hall prefer to use the crest.

"For whatever the reason may be, the logo was the one that could be used; in order for the crest to be used, believe it or not, you had to have a motion from EPC (Executive Policy Committee)," he said. "From my point of view, use either one, it's fine with me."

Winnipeg's crest contains the latin words "Unum Cum Virtue Multorum," which means "One with the strength of many."

BERNICE PONTANILLA/METRO

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Healthy Baby. Program gets $4.5M more in funding

As Kirsten Touchette played with her talkative two-year-old daughter, Manitoba's Minister of Children and Youth Opportunities announced more funding on Wednesday for Healthy Baby Manitoba.

"It reaches over 4,000 people, has financial incentive, community support and is delivered in over 100 sites," Kevin Chief said of the program that supports new mothers and their infants.

The province is investing $4.5 million in the program. A University of Manitoba study showed that among families who participated in the program, there was a decrease in low birth-weight babies and preterm births and an increase in breastfeeding.

Touchette, the single mother of Ariana, two, and Emilee, nine, has taken part in Baby First and Healthy Baby, among other initiatives.

"With help from the daycare and other community resources, I am able to continue on my career path and make a better life for my children," she said.

"There is an idea that it's a handout, not a hand up," she added. "It's more like guidance. It's more accessing those programs to better yourself." CINDY CHAN/FOR METRO

Kirsten Touchette and her daughters, Emilee and Ariana, are all smiles at Wednesday's funding announcement for Healthy Baby. CINDY CHAN/FOR METRO

Herbicide ban? Turf luck

Sod story. New company has solution for crabgrass woes

SHANE GIBSON
shane.gibson@metronews.ca

A Winnipeg company has just the thing for homeowners worried about what the coming ban on herbicides will mean for their yards: Stop worrying and just turf the lawn.

Synthetic Turf International sells and installs artificial grass, and while a lot of its business comes from the golf world, co-owner Marlowe Friesen says a ban on the harmful chemicals used to control weeds would do wonders for its residential business.

"Artificial grass needs no cutting, no fertilizer, no water, no herbicides or pesticides," said Friesen, who started the venture this year with co-owner Dave Anhill. "It's quite environmentally friendly."

The company has a range of nine grasses of varying densities and thicknesses and options such as crumbled black rubber that resembles dirt. On average, Friesen said the cost of redoing a yard ranges from $9 to $12 per square foot.

The artificial sod also drains easily, he said, is safe for pets and needs only the odd rinse and occasional leaf-blowing instead of weekly mowing.

"You can enjoy your backyard, instead of taking care of it," he said.

While a group opposed to the herbicide ban started a postcard campaign last month to lobby the province, Friesen said he thinks the grass will be greener on the other side of a ban. "The herbicide ban doesn't worry me at all — it's good for me," he said with a laugh.

WITH FILES FROM THE CANADIAN PRESS

Marlowe Friesen, left, and Dave Anhill, co-owners of Synthetic Turf International in Winnipeg, show off samples of their artificial grasses available for lawns and landscaping. SHANE GIBSON/METRO

Lawn order

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'Greatest summer job' pays with experience — and free food and rent

Kayla Jeanson won the Greatest Summer Job in Winnipeg, but it doesn't exactly pay with cash.

The 25-year-old freelance filmmaker took part in Red River College's Campus Living contest for a chance to live rent-free in the RRC residence from June 28 to Aug. 16. Each applicant submitted a 500-word sample blog entry to be considered for an interview.

"I wrote a blog post about my car getting broken into," the new Blogger in Residence said. "I tried to take a negative experience and spin it in a positive direction."

Jeanson believes that while her writing skills impressed the judges, they also saw her independence and motivation.

"Because I work in film, I have to basically do everything," Jeanson said. "I'm my own boss, so I have to be motivated to go out and get work."

In addition to her new summer home, Jeanson also received a $625 meal-plan card to both the CulEx and Jane's restaurants.

As the contest winner, Jeanson has to write five blog entries a week about her experiences living in the Exchange District.

"They want me to specifically focus on student life, living in residence here, and downtown living," Jeanson said. "They have set me up with a bunch of events to attend and they're giving me free tickets to things."

But don't look for reviews of these activities and events.

"I think they want me to talk about the experience," Jeanson said.

CINDY CHAN/FOR METRO

Kayla Jeanson sits in the restaurant underneath her summer home at Red River College. CINDY CHAN/FOR METRO

Read all about it

Kayla Jeanson blogs at rrc.ca/greatestsummerjob.

Egyptians jubilant after army gives Morsi the boot

Overthrow. Chief justice of Supreme Constitutional Court will step in as interim president, military says

The armed forces ousted Egypt's first democratically elected president on Wednesday after just a year in power, installing a temporary civilian government, suspending the constitution and calling for new elections. Islamist President Mohammed Morsi denounced it as a "full coup" by the military.

After the televised announcement by the army chief, millions of anti-Morsi protesters in cities around the country erupted in delirious scenes of joy, with shouts of "God is great" and "Long live Egypt."

Fireworks burst over dancing crowds and waving flags in Cairo's Tahrir Square, epicentre of the 2011 uprising that ousted autocrat Hosni Mubarak. It was one of multiple centres of a stunning four-day anti-Morsi revolt that brought out the biggest anti-government rallies Egypt has seen.

But the move potentially throws the country into further confrontation.

Some of Morsi's Islamist backers, tens of thousands of whom took to the streets in recent days, have vowed to fight to the end.

Gehad el-Haddad, a spokesman for the Islamist Muslim Brotherhood party, said Morsi was under house arrest at a Presidential Guard facility where he had been residing.

THE ASSOCIATED PRESS

Egyptians celebrate at a Cairo teahouse after army chief Gen. Abdel-Fattah el-Sissi's announcement Wednesday that President Mohammed Morsi will be replaced. Egypt's military has suspended the Islamist-backed constitution and called early elections. HIRO KOMAE/THE ASSOCIATED PRESS

Twitter reaction

Tahrir Square Nation
@tahrirsqrnation
We're not celebrating an ending, we're celebrating a beginning.

The Big Pharaoh, blogger
@TheBigPharaoh
If you want to topple your president, get a bunch of Egyptians. They'll do the job very well. They're very experienced now.

Tarek Shalaby, blogger
@tarekshalaby
I'm shocked at activists cheering on the army's coup and the subsequent crackdown of Islamists like it's all part of #Jan25! Unbelievable!

Dr. Hellyer, academic
@hahellyer
I'm concerned about the backlash by, and against, the #MB, and any violence. I'm worried the MOI and the military will get a blank cheque.

Edmonton

Girl left in hot car dies in hospital

Edmonton police say a little girl left inside a parked car as outside temperatures soared above 30 C has died despite the best efforts of first responders.

The three-year-old child was found near death Tuesday evening outside a townhouse complex.

Paramedics performed CPR and provided hydration before the youngster was taken by ambulance to the Stollery Children's Hospital.

"EMS and (Edmonton Fire Department) did what they could to resuscitate the child. Despite their best efforts, the child was taken to hospital and subsequently died," Det. Scott Jones said Wednesday.

It's not known who rescued the girl or how long she had been in the vehicle.

"It's a horrible tragedy," said Jones.

"It's just another tragic reminder ... when it's sweltering hot outside, we need to make sure kids are not anywhere near a vehicle."

The temperature in Edmonton hit 33 C on Tuesday and humidity levels made it feel more like 43 C.

THE CANADIAN PRESS

Snowden saga. Latin American leaders fume over plane diversion

The European rerouting of the Bolivian presidential plane over suspicions that National Security Agency leaker Edward Snowden was aboard ignited outrage Wednesday among Latin American leaders who called it a stunning violation of national sovereignty and disrespect for the region.

But as President Evo Morales headed home after an unplanned 14-hour layover in Vienna, there was no immediate sign that Latin American anger would translate into a rush to bring Snowden to the region that had been seen as likeliest to defy the U.S. and give him asylum.

Snowden was still believed to be in the transit area of Moscow's international airport.

Morales' plane was diverted to Vienna Tuesday after his government said France, Spain and Portugal all refused to let it through their airspace because they suspected Snowden was on board. THE ASSOCIATED PRESS

Bolivian President Evo Morales enters his plane in Vienna on Wednesday. The plane was rerouted to Austria after various European countries refused to let it cross their airspace because of suspicions that NSA leaker Edward Snowden was on board, Bolivian officials said. HANS PUNZ/THE ASSOCIATED PRESS

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A picture posted on Twitter by Chris Hadfield with the words: "Stampede 101 - get boots to be Marshal for the parade. I love how these turned out! They have that new boot smell." TWITTER

Hadfield puts universal stamp on Stampede

Parade marshal. Retired astronaut makes supporting Alberta flood victims his top priority

JEREMY NOLAIS
Metro in Calgary

Chris Hadfield's first order of business when he sets foot in Calgary Thursday will be to buy a Stampede "Hell or High Water" T-shirt in support of Alberta flood victims.

Like so many, the Canadian astronaut said he's marvelled at the resilience of thousands of Albertans affected by waters that surged two weeks ago to levels not seen in a lifetime.

"It brings out what people really find important," Hadfield told Metro in an interview Wednesday afternoon. "You collect things, you build a particular set of circumstances, but all of us realize in our heart of hearts ... what really matters are the people and how we help each other."

Now, the 53-year-old space cowboy will spend four days helping kick off the 101st running of the Calgary Stampede, taking over parade-marshal duties Friday morning for the second time after accepting an invitation from organizers while still in orbit aboard the International Space Station.

Rocket rider

"I will do my absolute best, even with the weather doing such damage, to make it as out-of-this-world of an event as I can."

Canadian astronaut Chris Hadfield, on his role as the parade marshal at the Calgary Stampede

Canadian astronaut Chris Hadfield
THE CANADIAN PRESS

Not his first rodeo

It will be Hadfield's fourth trip to the Stampede overall — he first journeyed to the grounds as a boy with his father — and his first major outing after formally retiring from government service Wednesday.

But the ever-modest astronaut believes his accomplishments, which include three space flights, will take a back seat to a larger cause over the next 10 days.

"I see my role very much as one of support and service," said Hadfield, who has personal connections to the area, with family in Calgary and having previously trained as a CF-18 fighter pilot in Cold Lake, Alta., in the mid-1980s.

While orbiting the Earth for five straight months at nearly eight kilometres a second, Hadfield installed a "disaster cam" on the ISS that was first put to the test during Alberta's floods. The device snapped 25 images of the destruction from June 22-24 and relayed those images to aid emergency planners on the ground.

But now the astronaut's focus is on the people and the Stampede itself, an event he regards as being world-class with a truly homegrown feel.

"I'm really pleased and honoured that the organizing folks asked me to come, that I could accept from orbit of all places," he said.

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Did alleged jihadist use drugs?

B.C. legislature.
Ex-bandmate recalls accused bomb plotter

John Nuttall BANDMIX.CA

Four years ago, the man RCMP say planned a Canada Day terror attack at the British Columbia legislature was too drunk and violent to be kept on as the guitarist in a heavy-metal band, according to a fellow musician.

But some time between March 2009 — after his failed tryout for The Lust Boys in Victoria — and this March, when an indictment says the bombing conspiracy began, John Nuttall allegedly became a home-grown terrorist inspired by al-Qaida to kill fellow Canadians.

"It's crazy stuff," said Colin Stuart, a.k.a. Tommy Thrust, who met Nuttall through a musician forum. "It doesn't really make any sense to me really, because back when he was in the band ... he never made any reference to religion at all. He was more into politics."

Nuttall did a month tryout for the band but they parted ways at the end of March 2009.

"It didn't work out, because basically Mr. Nuttall was extremely difficult to work with and he would always be at rehearsal completely either drunk or messed up on some kind of substance," Stuart said Wednesday.

Nuttall, 38, and his partner, Amanda Korody, were arrested on Monday and charged with three counts each in relation to an alleged plot to detonate bombs at the B.C. legislature in Victoria on Canada Day, as thousands celebrated the national holiday. THE CANADIAN PRESS

Thou shalt not gouge

Canada's major wireless carriers want to overturn provisions in the new wireless code of conduct that would apply terms of the code to contracts signed before the rules come into force on Dec. 2. The CRTC has ruled that customers can terminate their contracts after two years without penalty, even if they signed on for longer. CARLOS OSORIO/TORSTAR NEWS SERVICE

Wisconsin court says ...

Parents who chose prayers over doctors properly convicted

Parents who prayed instead of seeking medical help as their daughter died in front of them were properly convicted of homicide, the Wisconsin Supreme Court ruled Wednesday.

Eleven-year-old Madeline Kara Neumann died of undiagnosed diabetes on Easter 2008. Prosecutors said her parents ignored obvious symptoms of severe illness, choosing to pray rather than take her to a doctor. After the girl died, her mother Leilani Neumann told police God would raise the child from the dead. Doctors testified the child would have had a good chance of survival had she received medical care.

The couple was charged with second-degree reckless homicide. THE ASSOCIATED PRESS

Cleveland, Ohio

Suspect in rape, kidnapping case ruled fit for trial

A man charged with holding three women captive in his Cleveland home for about a decade and raping them is competent to stand trial, a judge ruled Wednesday.

Judge Michael Russo said the results of an examination of Ariel Castro last week showed that he is mentally able to understand the charges and assist attorneys in his defence.

Also Wednesday, prosecutor Saleh Awadallah said a meeting is planned July 11 to discuss the possibility of seeking the death penalty for Castro, 52, who faces aggravated murder charges stemming from allegations that he caused the deliberate termination of one of the women's pregnancies. THE ASSOCIATED PRESS

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U.S. weed retailers look for a pot of gold

Hashing out a plan. Ex-Microsoft exec aims to be the Bill Gates of bud merchandising

KIERON MONKS
Metro World News

Weed has come a long way from student parties and police evidence rooms, and as legalization gathers pace across the world, many believe it represents the next great industry.

"Marijuana is like a gold rush … and I would like to be the Coca-Cola brand," says Jamen Shively, a former Microsoft executive who is now preparing to launch Diego Pellicer, the largest retailer yet. "After we launch in Washington (state), we will replicate that model throughout the Americas and Western Europe."

With supporters including former Mexican president Vicente Fox, Shively is confidently projecting profits of over $100,000 US from the first month of operation, which is likely to be in early 2014. "It's the most consumed illicit substance in the world — and the golden rule of marketing is, 'It's better to be first than best.'"

When most people think of weed retailing, they think of grow supply shops. But a U.S. executive now wants to launch a chain of stores to sell the finished product. GETTY IMAGES FILE

Medical marijuana alone is worth $2 billion in the U.S. and grows 24 per cent each year. Last year, Colorado and Washington became the first U.S. states to legalize the drug for recreational use, and with more states set to follow suit, momentum and commercial opportunity is growing.

"I would expect the first stores for recreational use to open in January (2014)," says Dan Riffle, deputy director of government relations for the Marijuana Policy Project. "After that, you could see the federal government legalizing within four to five years."

But as the industry grows, Riffle expects larger companies such as Shively's to be hit with up to 25 per cent tax on transactions. "They would pitch it low enough to hit the black market but high enough not to be seen as encouraging use."

Such fears — along with the difficulties of moving a substance still widely illegal — have kept the major tobacco firms out until now, but activists would welcome them. "The more capital is in the industry the more it gets pushed forward," says Kris Krane, head of the Students for Sensible Drug Policy. "These firms have lawyers and lobbyists that can accelerate the process."

Not such a people person

Honda Motor Co.'s walking, talking interactive robot Asimo is running into glitches in its new job as a guide at Tokyo's Miraikan science museum. The bubble-headed machine, shown walking up a set of stairs at the museum during a demonstration event on Wednesday, had problems telling the difference between people raising their hands to ask questions and those aiming their smartphones to take photos. It froze mid-action and repeated a programmed remark, "Who wants to ask Asimo a question?" SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

Television

Netflix signs new deal with PBS

Netflix Inc. said it has agreed on an expanded multi-year licensing deal with PBS Distribution, making more PBS programming available to its subscribers in the U.S. and Canada. Starting in the fall, Netflix will have exclusive streaming rights to U.K. murder mystery series The Bletchley Circle. The deal also covers documentaries from filmmaker Ken Burns. THE ASSOCIATED PRESS

Market Minute

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Kate the Great: Images of 'living icon' to be auctioned this fall

Few people have been photographed more often than Kate Moss, and some of the most famous images of the supermodel are going under the hammer at a Christie's auction in London this fall.

The sale, announced Wednesday, includes a shot of Moss encased in bronze glitter by Allen Jones and images by well-known photographers including Annie Leibovitz, Bruce Weber, Mario Testino, Sam Taylor-Wood and Irving Penn.

The works, collectively valued at about $1.6 million, have been assembled by German collector Gert Elfering. He called Moss a "living icon."

"Kate is the ultimate modern muse and we will be seeing her images in major museums and private collections for years to come," he said. Moss has been a star since she was discovered in the late 1980s. Now 39, she remains among the world's best-known and best-paid models. THE ASSOCIATED PRESS

A 2005 screen art print by Banksy entitled Kate Moss (Purple and Orange) seen at an exhibition hall in London. THE ASSOCIATED PRESS

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Telecom. Rogers set to launch new reward program

Rogers will begin rolling out a new loyalty program on Monday in a bid to keep customers from switching to rival carriers.

"Something that most major carriers worldwide do not do well at is recognizing and rewarding customers for tenure," said executive vice-president and chief marketing officer John Boynton.

Wireless carriers also get criticized for treating new customers better than existing ones, said Boynton. "Those are two specific things we want to address with customers with the new loyalty program," he said. THE CANADIAN PRESS

Points program

- Wireless, cable, Internet and home phone clients will be able to earn points that can be redeemed for rewards such as U.S. roaming packages, premium TV content and upgraded Internet packages.

YouTube. Google sets its sights on 'generation C'

Google is searching for Internet addicts roughly 18 to 34, who spend seemingly every waking hour connected to the Internet, who are comfortable on camera, don't mind getting personal with millions of strangers around the world, and have a knack for trend spotting.

The search giant is looking for members of that cohort that has come to be known as "generation C."

The digital natives of generation C are seen as the early adopters who will help legitimize YouTube as a real rival to conventional TV, since they're already looking to the video platform for prime-time entertainment. They'd rather watch an hour's worth of short five-minute clips than whatever sitcoms and dramas are on TV.

And they're also enthusiastic creators of engaging, shareable online content that attracts the young eyeballs advertisers covet.

"This is the person who creates content, who curates content, they like to be connected with the world around them … and they just have a very different interaction with content than we're used to seeing," says YouTube's manager of strategic partnerships Ipsa Desai. THE CANADIAN PRESS

A Google employee works on a laptop before the start of a conference in San Francisco in this file photo. The search giant believes 18-to-34-year-old members of "generation C" are key to YouTube's success. GETTY IMAGES FILE

WHY WORK ISN'T WORKING

HE SAYS

John Mazerolle
metronews.ca

Beer commercials have lied to me about Canadian youth.

If the ads are true, then Canucks should be gallivanting around the world trying to dethrone Australians as the World's Most Obnoxious Tourists. But instead, I keep reading about highly qualified Canadian students with low-paying, miserable jobs.

It's hard to gallivant at $8 an hour.

Sometimes it's even an unpaid internship, where you get the opportunity to hear about "your" generation's sense of entitlement from a paid, union-shielded employee who calls in sick every time hockey goes to overtime.

My advice? Don't let these people talk down to you. Let me talk down to you. Follow my example and you can see how these early, difficult steps can be a stairway to success.

Be innovative. My first job was in newspapers — in the vital delivery sector — and at age 10 I was on the vanguard of innovation.

Papers were much thicker then, because they had to protect the TV Guide, also known as the heart of the industry. You could get a story completely wrong and you might get three angry letters, each containing the words "standards" and "all my years."

But if the TV schedule was missing, you could count on a large mob of elderly women carrying pitchforks and torches demanding blood and/or a free subscription. (Usually the newspaper would sacrifice an unpaid intern.)

And here's where I got innovative: When the newspapers were especially heavy, I would pick up the full bundle and toss it into a ravine, then say the papers never arrived. I believe this was the earliest iteration of "I never got your email," an accomplishment for which I am duly proud.

Leverage your relationships. The BiWay doesn't exist anymore, but it was the sort of store that specialized in cheap socks and boxes of crushed cookies. The customers thought I was an idiot because I worked there, and I thought they were idiots because they were shopping there.

I was as awkward around the customers as possible so that my boss would put me in the storeroom where I could count things and not talk to anybody.

I could have been an accountant, but decided the best job for somebody who didn't want to talk to anybody was the media.

When you find a job you like, cling to it. One day during my first year in journalism, a stranger started yelling at me for the unforgivable sin of being a reporter. He made airplane parts and said, "You know, if we made as many mistakes as you people, a lot of people would die!"

After lamenting the loss of so many hypothetical people, I realized he hated me without even knowing me. It was then I knew I loved journalism.

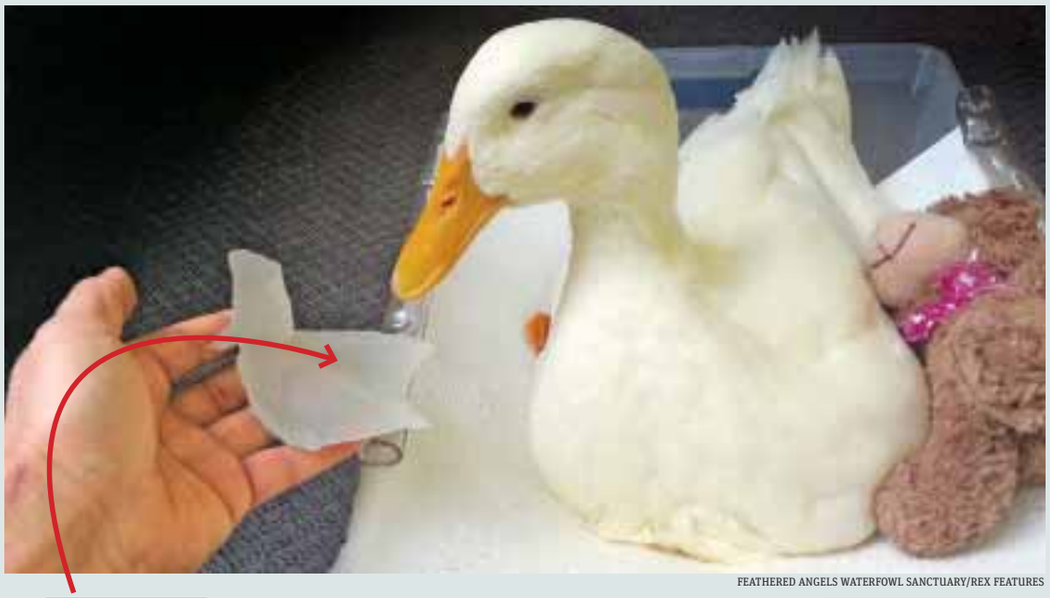
So, as you can see, with the right attitude you too can work in miserable jobs for a decade or more so that you can end up in a job where people think that you're pond scum.

I trust my story has inspired you, perhaps to tears. If not, have a beer to forget.

When I read about the working struggles of today's youth, it just makes me ill. I think I'll call in sick.

ZOOM

Put your 3D-printed foot forward



FEATHERED ANGELS WATERFOWL SANCTUARY/REX FEATURES

Cheer up, Buttercup: Lucky duck gets prosthetic foot

When Buttercup the duck was born with his left foot turned backwards, he seemed destined to hobble.

But, thanks to cutting-edge 3D printing technology, the white duck now has a brand new webbed prosthesis. Buttercup was born with his disability at a high school biology lab before being handed over to Arlington, Tenn.-based Feathered Angels Waterfowl Sanctuary.

In February 2012, an 83-year-old woman in the Netherlands received a new 3D-printed lower jaw made from titanium. And in May of this year, South African carpenter Richard van As created a prosthetic hand — which helps people who have missing fingers. METRO

Ducking destiny

"There was always the big unknown of whether or not it would work and if he would accept it. If he didn't like the prosthetic, it wouldn't have mattered how many times I changed it."

Mike Garey, founder of the Feathered Angels Waterfowl Sanctuary

Path to prosthesis

- **Amputation.** First, Buttercup's disfigured foot was removed.
- **Mould and silicone.** Then 3D printing specialists NovaCopy scanned the left foot of Buttercup's sister Minnie and printed a 3D mould used to cast a silicone foot.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

There's more to Google Street View than trawling dull streets hoping to catch a glimpse of LARPers or a saucy roadside transaction. Try dropping the little man on these famous buildings for a glimpse inside.

GOOGLE

Canada's Parliament:

Kick off your tour with a stroll across Centre Block floors polished to a glow and poke your head in the first-floor library. Sadly, the limits of technology prevent you from a Chretien-style run up the stairs.

Burj Khalifa:

Whether it's the height or the cost of airfare that's making your knees weak, don't let it hold you back from experiencing a view of Dubai from the top of the world's largest building.

360 Cities:

Are you the type of person who sniffs at feats of architecture, what with their stench of humankind and all? Lucky for you the very cool site 360cities.net also hosts panoramic views of coral reefs, shipwrecks and aerial scenes captured by RC planes.

Comments

RE: 3D-Printed Gun Under Lock And Key At University of Toronto, published July 3

Plastic gun, BIG DEAL. Most of the bad things are in the stores for the buying, no questions asked. Last Boston marathon they were calling it a pressure cooker bomb filled with fireworks. Both are still around. I have the feeling that a computer isn't needed to make this plastic gun. **mikejb posted to metronews.ca**

Exactly. it's plastic. People can make real ones easily. What a pointless story. **Richard Bulmer posted to metronews.ca**

RE: Jennifer Lopez: Happy Birthday Mr. Human Rights Violator, published July 3

From American Idol judge to playing Turkmenistan. Sounds about right. **Dangerpayrayray posted to metronews.ca**

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

metro

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Embrace the brownlisting

Comedy. Sabrina Jalees shares her unique story of growing up gay in a Muslim community

BACKSTAGE PASS
Jared Story
@metronews.ca

Canadian comic Sabrina Jalees — the product of a Pakistani father and Swiss mother — recently decided to take a chance and tell her extended Muslim family she is gay and happily married.

Jalees was wed to Shauna McCann, a New York-based wardrobe stylist, in September.

"I told my parents, 'I can't keep this a secret anymore, I'm married now,'" says Jalees, who relocated to Brooklyn from Toronto four years ago.

"Do I keep on bringing my white best friend to family things because she loves Ramadan? Soon we'll have a little kid best friend. We found him in a well. What could we do?"

Unfortunately, Jalees' relatives weren't receptive to the newlywed news. Her mass coming out email was met with complete silence.

"No one wrote back," says the 26 year old. "I got defriended on Facebook. It was so difficult and such a sh—y thing that I just knew I needed to name my comedy tour after it."

Yes, Jalees turned tragedy into comedy, titling her first cross-country headlining run The Brownlisted Tour.

Being autobiographical onstage is nothing new for the Video on Trial star and former host of CBC Radio's Laugh Out Loud. Jalees started doing stand-up at age 16 and says her first jokes were a "reaction to being brown and having a Muslim father in a post 9/11 world."

"It wasn't until I joked about (my background), that the things that used to be embarrassing became empowering," says Jalees.

She credits her wife, friends, fans and family for helping her through being "brownlisted."

At 20, Jalees came out to her parents and while they weren't thrilled with the news at first, they came around.

She hopes her Muslim relatives will do the same.

"My parents grew up in a time where being gay was like, 'Oh my god, the gay people. What will we do with the gay people? Will we put them on an island?'" Jalees says.

"It's shocking at first, 'Oh my god, my daughter is going to be living on an island with all these gay people.' But as time passed they realized how adaptable it was. My being gay doesn't change anything, except for the fact that they're now kind of ambassadors. That's why I always dress them in rainbow pants."

Comedy show

Sabrina Jalees is coming to town.

- **Tickets.** Jalees brings her Brownlisted Tour to the Park Theatre on Tuesday. Tickets are $26.10 at ticketbreak.com.
- **Doors open.** Showtime is 8 p.m.

Comedian and Video on Trial star Sabrina Jalees brings The Brownlisted Tour to Winnipeg on Tuesday. HANDOUT

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SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 12

These Girls won't be stopped

Dramedy. Showrunner Jenni Konner said key cast member's departure stunned the crew but only forced them to work harder

Executive Producer Jenni Konner and series star/Executive Producer Lena Dunham on set of Girls Season 1. HANDOUT

Girls showrunner Jenni Konner says the sudden departure of cast member Christopher Abbott from the HBO dramedy in April came as a shock and forced them to "rethink a lot" for the next season — but it also resulted in even better stories.

Abbott played Charlie, love interest to Marnie (Allison Williams), on the Golden Globe- and-Emmy-winning series that wrapped its second season in March. Tonight, the first season debuts with back-to-back episodes (uncut and uncensored) on CosmoTV, marking the first time it's airing in Canada outside of pay TV.

Konner says Abbott's abrupt exit meant the creative team had to double their efforts for the next season, which was already in development. "We really had to think on our feet," she said in a telephone interview this week during a break from shooting. "We were surprised and we had gone down on a road creatively with him that we thought we were going to stay on, and we didn't. But like many things like that, I'm sort of happier with what we wound up doing than what we were planning to do when we had him. ... Sometimes those critical moments make you have a fresher perspective.

"It was a bit of a headache but I have to say, when I look back I think: 'Oh, we're so lucky that headache happened,'" added Konner, who is also an executive producer and writer on the series about four young women navigating post-collegiate life in New York City.

Konner wouldn't get into why Abbott left but said "honestly, there are no hard feelings."

"He's a really talented actor. We had a really good time with him. He wants to do something different creatively and I feel fine about that." THE ASSOCIATED PRESS

Lined up

Guest stars lined up for season three

- **Actors.** They include Rita Wilson, Patti LuPone, Amy Morton, Deirdre Lovejoy and Richard E. Grant.
- **Big roles.** Series star Lena Dunham is also the creator, director, producer and writer of the gritty series.

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Meek Mill. ALL PHOTOS GETTY IMAGES

Meek Mill has to tighten up his Twitter game

Oh man, if only we could mandate half of the people we know on Twitter and Facebook to do this! A Philadelphia judge has ordered rapper Meek Mill to complete a series of etiquette classes to "refine his use of social media" at a probation violation hearing (for drug and gun charges) last week.

A cursory glance at Meek's Twitter reveals that the rapper is prone to tweeting explicit and kinda misogynistic recommendations for lady behaviour which, while gross, isn't much worse than the kind of stuff half the pimply teen boys across America post to their various social media outlets daily.

Twitter

@AmandaBynes
I'm In Love With Someone Else Who I Do Not Follow On Twitter Who Is The Most Gorgeous Man I Know But Drake Comes In Second

@justinbieber
interesting how some people in the media wanna take shots at me for no reason. all good. keeping it positive over here. all about the music

@ParisHilton
Packing up all my Summer clothes & favorite things to move over to my Malibu Beach house. #TheBu #BeachLife #SummerTime #Fun Loves it ;)

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Get it through your Thicke head, he's talking about his junk

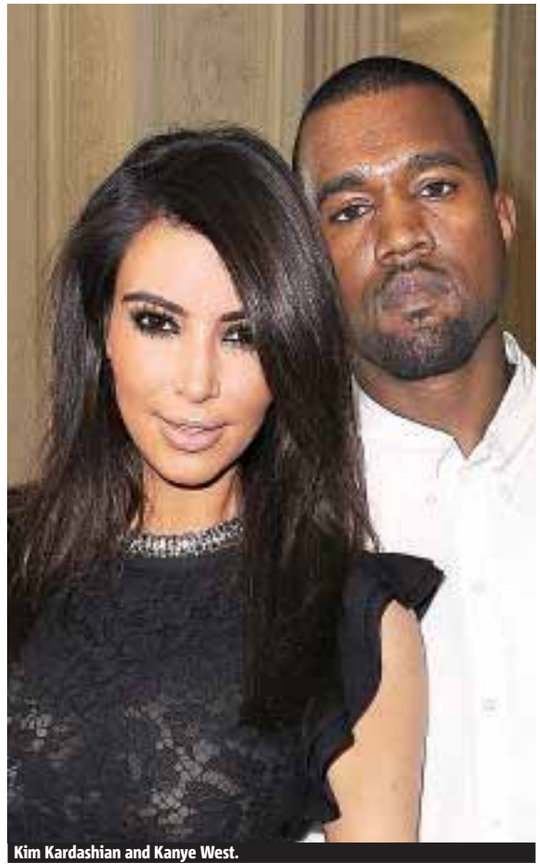
ALEXANDRA M. CAVALLO
Metro World News

Sometimes, when I remember that Robin Thicke's dad is Alan Thicke, I laugh a lot because, oh man, what would Dr. Seaver say? Dude used to blow a lid when Mike stayed up past 9 p.m. eating ice cream and here's Robin mouth-sexing a chocolate cone while eye-sexing half-naked models in the video for Blurred Lines.

Good thing, then, that Robin's real life isn't anything like an episode of Growing Pains, because I'm pretty sure Papa Seaver might actually have a heart attack when he caught wind of Robin's new song, which, if possible, is even more inappropriate than its predecessor.

The new joint Give it 2 U (because not spelling out full words is hella sexy, as everybody knows) features a guest spot by BET Awards-sweeper Kendrick Lamar and is about, uh, well, Thicke giving it to you. It being his big, thick, throbbing ... heart.

And here's the thing — despite being almost obnoxiously sexual (is that even a thing?) it's sort of a totally catchy jam. It'll get stuck in your head, much like Thicke plans to stick his ... never mind.



Kim Kardashian and Kanye West.

Kim and Kanye won't sell pictures of their kid

In one of the first public things Kim Kardashian and Kanye West have done in quite some time that didn't make us want to move to Siberia or some other place where people had more pressing matters (like foraging for food so as not to die) than Kim's pregnant cankles to worry about, the couple have not accepted a very large sum of money in exchange for the first photos of their newborn kid.

According to US Weekly, K Squared turned down a $3 million dollar offer for the very first pictures of North West — which is like three cents in Kardashian/Yeezy currency — but still.

It's a fairly decent move.

Unless, of course, they're holding out for a better offer. In which case, same old Kanye.

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SHOPPERS DRUG MART

A*M*E is the girl to be

Shoulder pads with 'POW!' The British singer has written tracks with Emili Sande and toured with Jessie J. She talks to us about her personal style

ROMINA MCGUINNESS
Metro World News

As a child, Amy Kabba, better known as A*M*E, fled a war-torn Sierra Leone and moved to London, where she discovered The Backstreet Boys, 'N Sync and Destiny's Child. And nope, she's not embarrassed to admit she's still a fan of '90s pop. The 18-year-old will be releasing her debut album later this year, but in the meantime, the BBC Sound of 2013 nominee opens up about her crush on Rihanna, love of Louboutins and the power of a bold lip.

As a new artist, is it difficult deciding on what your look will be?
You have to appear with a certain look, which is difficult because it's almost impossible to think of something that hasn't been done. But as a person, you grow and your style is going to change. My style is bold and bright. I once wore this Shara Hayz body suit with frosty shoulder pads that was so incredible.

I wear a lot of pieces that are like, "POW!" I like to take risks, and being a darker skin tone, bright clothes and accessories work well on me.

Are there any stages that you look back on and cringe?
I can never really say where my style will go. It evolves with me and whatever influences me at that time. When I was younger, everything used to have to match. I was addicted to Primark stripey tops. And having plimsolls that matched the stripey top. And wearing a ribbon in my hair to match the plimsolls and the top. It was horrible — my dark phase!

Given the chance, whose closet would you raid?
Rihanna's. I've got the biggest style crush on her. She wears a lot of things most people wouldn't dare to wear and she rocks them great.

I think we've got pretty similar tastes, so I think I could find some really nice outfits.

And if the offer came up, would you switch lives with Beyoncé?
Yes! She's the meaning of hard work and that's exactly what you need in this industry. She's where she is because she's incredible at what she does.

You moved to London from Sierra Leone as a child. Why did you leave?
My family fled the war in Sierra Leone and moved to London in the hope of a better life. I was really young so I don't remember too much, other than that it was really hot!

The three things she wears the most

Christian Louboutin Pigalle heels

"They're really sexy. It's a designer label so people see them and are like, 'She's really into her fashion!'"

Topshop super high-waisted 'Joni' jeans

"I'm really petite and these seem to be the only jeans that fit me perfectly."

KTZ gold cut-out letter gold necklace

"Off stage and during the day-to-day, I don't really wear a lot of jewelry but as A*M*E I wear way more."

The building blocks of her style

A bold lip

"I feel like wearing a pop of colour on my lips makes me stand out a bit more. I usually wear MAC Shy Girl lipstick with a bit of gloss on top."

High heels

"I'm a heelaholic. I can't stop buying shoes. It's not because of my height; I'm 5'2" and love being short. It's more about how the heel looks."

Oversized T-shirt dresses

"I love to wear oversized tops as dresses. I get most of mine from Ashish. It looks cool, it's comfortable and I find that it's really cute on smaller girls."

Scarves

"As a singer, it's important to keep your neck super warm. So I wear a lot of scarves from Topshop and Warehouse."

LIFE 3

Summer grilling, had me a blast — but uh-oh those chicken bites

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Grilling chicken during the summer months is a healthy, not to mention delicious, way to eat.

Grilled Chicken with Pineapple Salsa

This recipe serves six. ROSE REISMAN

Ingredients

- 1 1/2 lb skinless boneless chicken breasts (about 4 to 6 breasts)
- 1 cup diced fresh pineapple
- 1/3 cup diced red bell pepper
- 1/3 cup diced ripe avocado
- 1/4 cup chopped fresh cilantro or basil
- 1 tsp lemon juice
- 1 tsp honey
- 1/2 tsp lemon zest
- 2 tsp olive oil
- 1 1/2 tsp low-sodium soy sauce
- 1/2 tsp finely chopped garlic

Put a sweet fruit salsa over top and, voila, you have an entertaining entrée with an exotic addition.

Feel free to substitute the pineapple for mango, peaches or plums. Add a little jalapeno or hot sauce for an extra kick

1. Working with one at a time, place a chicken breast between 2 sheets of waxed paper and pound to an even 1/2-inch thickness. Set aside.

2. Prepare the salsa by combining the pineapple, red bell pepper, avocado, cilantro, lemon juice, honey and zest, olive oil, soy sauce and garlic in a bowl.

3. Preheat a barbecue to medium-high heat or lightly coat a large, nonstick grill pan with cooking spray and set over medium-high heat. Grill the chicken for 3 minutes per side or until no longer pink. Serve the salsa on the grilled chicken.

For your phone

Foodie Recipes (iPad/ iPhone; free)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

For their quintessential summer edition, Foodie cookbook editors have gathered an enticing mix of gourmet hot dogs, fruity cocktails, grilled tacos, outdoor salads, barbecue sandwiches and rich ice cream creations.

Gobble gobble your way to a healthier burger option

This recipe serves four. RICEINFO.COM

You'll flip over this re-invented, healthier burger.

Turkey, rice and water chestnuts create a tasty burger, further enhanced by Asian flavourings of ginger, soy and sesame and crowned with a sweet grilled pineapple ring.

1. In bowl, beat egg with soy sauce, ginger, hot sauce and garlic; mix in turkey, rice, water chestnuts and green onions. Shape into four 1/2-inch (1 cm) thick patties.

2. Grill patties and pineapple slices, covered, on greased grill or in greased grill pan over medium-high heat, turning once, until pineapple is lightly charred, about 4 minutes, and until patties are no longer pink inside, about 10 minutes.

3. Sesame Mayonnaise: In small bowl, stir mayonnaise, sesame oil, mustard, soy sauce and vinegar to blend.

4. Split buns; toast on grill, if desired. Spread with Sesame Mayonnaise then pile on patties, lettuce, pineapple, tomato and onion. RICEINFO.COM

Ingredients

- 1 egg
- 1 1/2 tbsp (22 ml) soy sauce
- 2 tsp (10 ml) grated ginger
- 1/2 tsp (2 ml) hot sauce
- 1 clove garlic, minced
- 1 lb (500 g) ground turkey
- 1 cup (250 ml) cooked and cooled U.S. brown or white rice
- 1/2 cup (125 ml) chopped drained water chestnuts
- 1/2 cup (125 ml) thinly sliced green onions
- 4 round slices fresh pineapple, peeled, cut 1/2-inch (1 cm) thick and with core removed

Sesame Mayonnaise

- 1/3 cup (75 ml) mayonnaise
- 2 tsp (10 ml) sesame oil
- 2 tsp (10 ml) Dijon mustard
- 1 tsp (5 ml) soy sauce
- 1 tsp (5 ml) rice vinegar

- 4 hamburger buns
- 4 leaves Romaine lettuce
- 4 slices tomato
- 4 thin slices red onion

Side dish. Macaroni Salad with Cherry Tomatoes & Mozzarella

1. Bring a large pot of water to a boil, season with salt and cook pasta 1 minute under required cooking time.

2. Drain and toss with 1 tablespoon olive oil and place on a sheet tray to cool down.

3. In a large bowl, combine all the ingredients together and gently toss them. Season with salt and pepper to taste.

NEWS CANADA/ BARILLA.CA

Ingredients

- 1 box Barilla macaroni
- 6 tbsp (70 ml) extra virgin olive oil
- 2 tbsp (20 ml) lemon juice
- 2 pints (594 g) cherry tomatoes, halved
- 2 balls (225 g) fresh mozzarella, diced
- 6 leaves basil, chiffonade
- Salt and black pepper

A few gadgets for staying cool

Summertime is officially heating up in most areas of the country. Keeping cool isn't all about hanging out in the local air conditioned shopping mall this summer. Enjoy your apartment and stay cool with some home-related gadgets to help lower the temperatures.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Cordless fan/radio

Create soft music sounds through the breeze with the Gama Sonic Rechargeable Fan with Radio. It goes inside or out and is cordless. $85, homedepot.ca.

Iced coffee maker

Perfect for travel or small spaces, this tiny appliance will turn you into summer's favourite barista in just minutes. Personal Iced Coffee & Tea Maker, $25, hamiltonbeach.ca.

Cool pet mat

Have the coolest pet on the block! Non-toxic gel infused mat stays as cool as a stone floor without refrigeration. Sharper Image Cooling Comfort Pet Mat, $28, bedbathandbeyond.ca.

Air control

No central air conditioning? Try a year round saviour that cleans, dehumidifies, circulates and cools the air. Pinguino 4-in-1 Air Conditioner, $530, delonghi.com.

Cooling mattress

KoolComfort memory foam with an open-cell structure is more breathable, creating a cooler sleep surface. iComfort Genius Mattress, $1,600, sertacanada.com.

Frozen treats

Add low-fat yogurt or fruit juices to create guilt-free frozen desserts or, simply make rich, decadent ice cream! Cuisinart's Yogurt Sorbet & Ice Cream Maker, $110, thebay.com.

Cleaning techniques

Housekeeping myth: cleaning piano keys with toothpaste

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

I have no idea who came up with this idea but I recently read an article on housekeeping that suggested "rubbing each piano key carefully with a damp cotton swab and a dollop of toothpaste. Wipe, dry and buff with a clean cloth."

Well I must admit I thought this was the silliest thing I had ever heard of. Toothpaste is abrasive and can damage the piano keys.

So to investigate I called Alex Hahn, whose stepmother coincidentally was my Grade 7 English teacher, to help me with this myth.

Alex agreed with me that toothpaste sounded too abrasive and did not recommend such a technique.

So here is where the real lesson for me began. Alex asked me "what kind of dirt are we taking about, surface dirt or yellowing of the piano keys?"

Well what a fantastic question, neither of which I had even thought of. So if we are only talking about regular surface dirt from playing the piano, then either a solution of 50/50 of vinegar and water or warm water with a drop of PH neutral dish soap with a cotton cloth is all you need.

If the keys are yellowing than Alex suggested direct sunlight as one method that can work.

If the piano is being restored, a professional can very lightly sand and buff the keys back to a beautiful sheen.

So there you go, toothpaste for your teeth and vinegar and water for your piano!

Do you take your piano to the dentist? Then don't clean it with toothpaste.
ISTOCK IMAGES

GIVE YOUR HOME A LANDSCAPING LIFT

CHRIS CLINTON/LIFESIZE/THINKSTOCK

Updating your yard can be an economical and rewarding part of giving your entire home a lift. The trouble is there are so many new landscaping techniques from which to choose.

One of the best ways to start planning your new design is by observing some of landscaping trends in home and yard improvement. Here is a rundown of some popular landscaping trends.

RETURN TO BOXY BORDERS

Landscaping pros are using traditional plant borders in modern geometric shapes to give the yard visual appeal. As opposed to last year's rounder corners trend, boxy borders made from low-maintenance shrubs are coming back. Stacked containers and walls use straight lines and symmetry that complement the structure of the home.

LOTS OF EYE-POPPING COLOURS

This year, expect to see a growing number of landscaping projects that are wild with every colour of the rainbow. Blending the exotics with low-key annuals is popular, with a variety of colourful grasses and trees that bring punchy colour to the scene. Even containers get a lift in bright colours like reds, yellows, and metallic shades.

ECO-WALLS AND VERTICAL GARDENING

A popular landscaping trend, especially in small communities, is vertical gardens that become living walls of green plants. These walls can become outdoor privacy areas, or they can be added to existing landscaping as an outdoor sculpture to give a property unique appeal.

SUSTAINABLE LANDSCAPE PLANTS

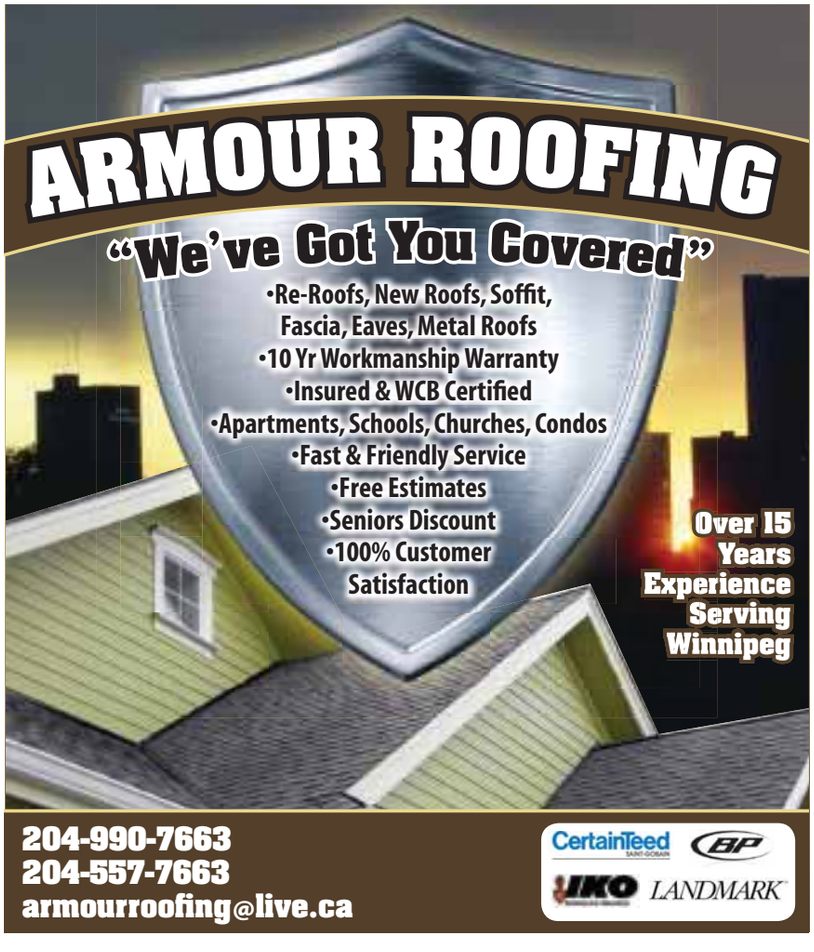
Instead of choosing the standard landscape plants to adorn properties, a trend in contemporary landscaping is to embrace sustainable lifestyles with a mix of fruit and vegetable plants added. This gives the landscape a unique look while helping to provide a source of nutrition for the property owners at the same time.

OUTDOOR ENTERTAINMENT TECHNOLOGY

Thanks to the surge in consumer technology, the trend in landscaping is integrated outdoor entertainment. From built-in surround speakers to sound-activated lighting in fountains, the landscaping world is multi-dimensional to the senses.

LIVING MORE FOR THE OUTDOORS

Outdoor furnishings are becoming a bigger part of landscaping design. Outdoor games like lawn bowling, bocce ball, and badminton are coming back, inspiring decadently designed play areas. *– ComFree.com*



FIXING IT THE RIGHT WAY IS FIRST PRIORITY FOR ARMOUR ROOFING

A leaky roof can cost you thousands of dollars and a great deal of stress.

"A lot of people leave it to deteriorate, sometimes they don't even realize that their roof is leaking," says Grant Neumann, co-owner of Armour Roofing.

With more than 15 years of experience, co-owners and brothers Grant and Scott Neumann and their crew have made it their mission to try to make the process of replacing or repairing each damaged roof they encounter a less stressful experience for the homeowner.

"There are a lot of horror stories out there when it comes to roofers and roof repair, so we make it our mission to ensure that our customers are satisfied 100 per cent before we leave a job site," Grant says.

"A lot of companies outsource work to third-party contractors and require a 25 per cent down payment to start a project, but we don't do that. Our first priority is fixing a person's home."

The Neumann brothers stand behind the work they do, offering a six-year workmanship warranty to customers. Armour Roofing offers repairs and replacements on soffit and fascia eaves, metal cladding, vinyl siding and James Hardie siding, and also work with an insulation company for attic and insulation damage.

INGRAM PUBLISHING/THINKSTOCK

For a free estimate or to book an appointment call 204-990-7663 or 204-557-7663.

PUT A BOUNCE IN YOUR DRIVEWAY

WITH CHASE RUBBER PAVING

ISTOCKPHOTO/THINKSTOCK

Repaving your crumbling driveway may just put a little bounce into your step thanks to Chase Rubber Paving, Winnipeg's newest paving installer.

"It's a sustainable and eco-friendly replacement for asphalt," says Angela Chase, owner of Chase Rubber Paving. "We use recycled tires and other high-quality products to create or repair surface spaces. Not only is the method environmentally friendly, it has also proven to hold up against our spiking Canadian climate."

Though rubber paving is new to Winnipeg, the market for it has grown significantly throughout Canada for the past 15 years. The sustainable alternative to asphalt was started in 1998 by Shercom Industries, a Saskatchewan-based company, with the mission to keep old tires out of the landfills. Today, the corporation has grown into Canada's largest rubber paving company, converting millions of pounds of rubber into beautiful, crack-resistant driveways and products all throughout Canada.

Rubber paving is created by grinding recycled tires into rubber crumbs and combining a binding agent. The product is applied to surface areas to create a clean, durable, crack-resistant surface that holds up against weather of all seasons, including the bitter Prairie winters Manitoba is known for.

Unlike concrete or asphalt, rubber paving gives a homeowner the option to choose from a palate of colours and add different colour flecks to the chosen base colour to better match the esthetics of the home.

"We are paving and repaving the walkway to people's homes," Chase says. "We know that while quality is the most important aspect of what we do, esthetics plays a huge role, too. People want to be proud of their homes, and we fully believe that they should."

Chase Rubber Paving is an authorized installer for Shercom Industries in Winnipeg, meaning its work is backed by a one-year limited warranty against material and installation failure and a five-year limited warranty against cracking.

"We want people to feel as confidant in the product as we are, which is why we offer a five-year limited warranty," Chase says.

To inquire about a free estimate or to book an appointment, call Angela Chase at 204-887-5951.

Clitsome just the start for Jets' Cheveldayoff

NHL. D-man locked up ahead of free agency, with busy summer ahead for front office

Grant Clitsome's name is off the list but plenty remain as the Winnipeg Jets work their way through a long list of restricted and unrestricted free agents.

Clitsome has signed a three-year extension with the Jets for a reported $6.2 million US, almost double what he was making, keeping him off the free-agent market.

Jets general manager Kevin Cheveldayoff said Wednesday they liked what they saw from the 28-year-old defencemen during the lockout-shortened season, particularly at the end when they were coping with injuries.

"The last 33 games of the season last year he had 14 points, he was plus-14, he was averaging 21 minutes a night," said Cheveldayoff.

"His game seemed to step up."

He finished the season with a plus-10 rating after 44 games, the best of any Jets defenceman. Not bad for a player picked up on waivers from the Columbus Blue Jackets in 2012.

Working the phones

"The interview period has started and we are active in that regard."

Jets GM Kevin Cheveldayoff, who said other deals may be in the works as free-agent talks get underway in earnest.

Grant Clitsome took full advantage of an injury-ravaged Winnipeg blue-line in 2013, scoring four goals and 12 assists with a plus-10 rating in 44 games with the Jets. SEAN RUDYK/GETTY IMAGES

He's also younger than many of the other defencemen on the pending free agent market and Cheveldayoff says he still sees potential for growth.

For his part, Clitsome said he wanted to stick with the Jets.

"They took a chance on me when they picked me up on waivers and gave me an opportunity to show I can play in the league," said the native of Gloucester, Ont.

"I like the coaching staff and the management and I've been treated first class the whole way. The whole time it was definitely a priority for me to sign in Winnipeg."

THE CANADIAN PRESS

Key decisions

The Jets have also said they're interested in keeping unrestricted free agent Al Montoya as backup netminder to Ondrej Pavelec. He played in only seven games last season and started just five, but finished with a record of 3-1-0.

- The Jets are ready to let some of the unrestricted list test the market but they've already made qualifying offers to their list of 13 restricted free agents.
- That list includes two-thirds of their top line, centre Bryan Little and right-winger Blake Wheeler, as well as key defenceman Zach Bogosian.
- GM Kevin Cheveldayoff says some of the high-profile deals will likely take longer to conclude. But it's like a big jigsaw puzzle as he works through which players to keep and which new players he might be able to add.

Baseball

Fish win fight to finish vs. Saints

The Winnipeg Goldeyes did enough to keep pace with the St. Paul Saints on Wednesday night, staying within a single run on the arms of starter Pete Gehle, Chris Kissock, and closer Allen Caldwell to earn redemption after Tuesday's extra-inning heartbreaker capturing the 3-2 win off the bat of Luis Allen.

Trailing 2-1 headed to the bottom of the ninth, the Fish rallied for a pair of runs to complete the come-from-behind win and get back within a half game of the Saints for second place in the American Association's North Division.

St. Paul closer Matt Meyer was shaky entering the ninth with the lead, allowing a leadoff single to Casey Haerther, plunking Josh Mazzola, and then giving up an RBI single to Fehlandt Lentini to tie the game. Then Meyer allowed Ryan Scoma to bunt and load the bases on a missed fielder's choice opportunity at third.

Allen, who nearly walked to seal the game before watching a strike on a 3-0 count and then fouling off another before smacking the game-winning RBI to right on the full count.

Caldwell earned his first win of the season (1-0, 1.23 ERA) with a spiffy one-walk, one-strikeout ninth to keep the game close.

The Goldeyes wrap their four-game set against the Saints on Thursday and Friday night.

DARRIN BAUMIN/FOR METRO

Whitaker to help Als welcome Bombers

Als running back Brandon Whitaker will make his 2013 debut against the Bombers on Thursday night at Percival Molson Stadium. GRAHAM HUGHES/THE CANADIAN PRESS

Brandon Whitaker never doubted he would be back.

And after nine months of rehab on a blown-out right knee, the Montreal running back who led the CFL in rushing in 2011 is set to return when the Alouettes host the Blue Bombers Thursday night.

"I'm more anxious than anything," Whitaker said Wednesday. "I've been taking hits in practice and things like that, but it's my first game back and there will be a couple of butterflies there."

The Alouettes (1-0) and Bombers (0-1) will face one another for a second straight week to start the season.

Whitaker, who suffered a torn ACL against Saskatchewan in September, is making a timely return. His replacement Chris Jennings suffered an ankle injury in the Als' 38-33 win in Winnipeg last week.

How much Whitaker plays and how effective he will be is uncertain.

The Als jumped on the Bombers early in the opener, but Winnipeg dominated the third quarter and had the lead only to see Anthony Calvillo pilot the comeback win.

Winnipeg coach Tim Burke is not a fan of back-to-back games.

"You'd much rather play a team a second time after you've played more games," he said. "You know more about them.

"You know more about yourself.... So you end up doing a lot of the same things you did before. You just hope you do them better."

THE CANADIAN PRESS

Horoscopes

♈ Aries
March 21 - April 20
Let your heart point you in the right direction — and don't hesitate to follow where it leads. If you're bold, something out of the ordinary will happen over the next 24 hours.

♉ Taurus
April 21 - May 21
You won't get a lot of free time today but what you will get is the chance to impress people in positions of power with your can-do attitude. Don't wait to be asked to do something — show initiative.

♊ Gemini
May 22 - June 21
You may think you can do as you please with no consequences but you are fooling yourself. Today's Sun-Uranus link warns that where there are actions there are also consequences — always.

♋ Cancer
June 22 - July 23
Petty squabbles could easily get out of hand today so make sure you control your temper, no matter what the provocation. Others may stoop to devious methods but you are made of nobler stuff, hopefully.

♌ Leo
July 24 - Aug. 23
This is a good day for those born under the lion sign. And if you make an effort to socialize, it could be a great day. Meeting new people will brighten your life in numerous ways.

♍ Virgo
Aug. 24 - Sept. 23
If you feel that you are being sold short in any way, you must kick up a fuss. The planets warn you will only get what you deserve if you stand up for yourself. Make noise.

♎ Libra
Sept. 24 - Oct. 23
The Sun squares up to changes planet, Uranus, across important angles of your chart today. If you expect the unexpected, it's unlikely you will be disappointed. Stay as flexible as possible.

♏ Scorpio
Oct. 24 - Nov. 22
Don't waste your time arguing with people who think they know everything. They have their way of looking at life and you have yours, and neither of you will convert the other.

♐ Sagittarius
Nov. 23 - Dec. 21
Someone will encourage you to do something outrageous today and although you may be tempted to give it a go, you know that if it goes wrong, it's you who will suffer. So don't.

♑ Capricorn
Dec. 22 - Jan. 20
Someone important is expecting you to deliver on a promise and you must not let them down. You may have to burn the candle at both ends to get it done but it's a sacrifice worth making.

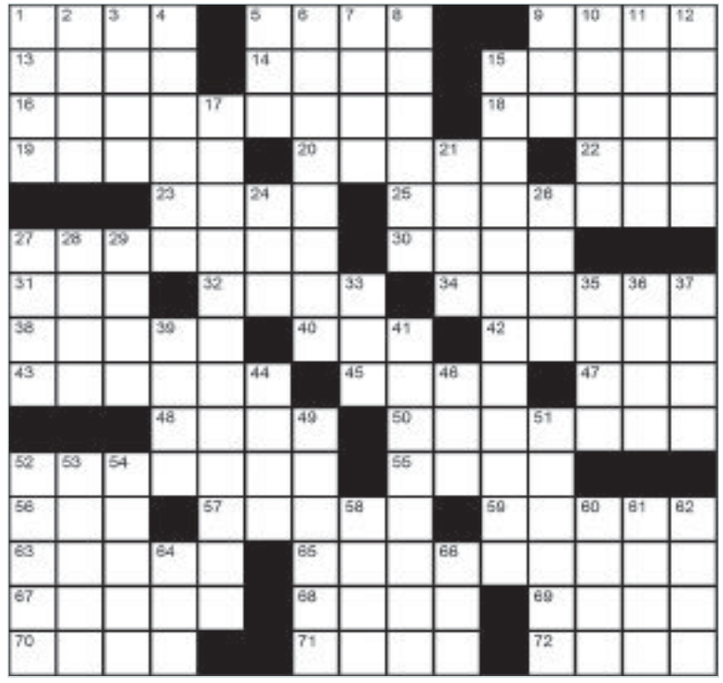
♒ Aquarius
Jan. 21 - Feb. 19
You may wish you could escape your responsibilities but with the Sun squaring up to Uranus, your ruler, today that won't be possible. There are things you have to do and the time to do them is now.

♓ Pisces
Feb. 20 - March 20
Keep an open mind today no matter how crazy some of the things you are told may sound. Just because they sound crazy doesn't mean they can't be true. Think outside your mental boundaries. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

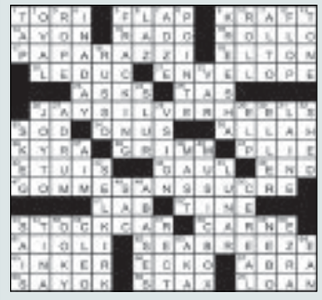
BY KELLY ANN BUCHANAN



Across
1. Big amount
5. Journey
9. Unluckily
13. Sad bio
14. Famous painting, with Lisa
15. Canadian satire magazine
16. Start business operations: 3 wds.
18. Prefix with 'arthritis'
19. Secretarial skill, shortened
20. Old roads of Rome
22. Red Rose product
23. Double
25. Toronto-born comic/actor Mr. Peters
27. Actor, Louis __ Jr.
30. Annoyed state
31. In times past
32. Dentistry fear, __ canal
34. Ms. Redford, Premier of Alberta
38. Eve __, Jan Brady's portrayer: 2 wds.
40. Tom Mulcair's pol. party
42. Heavy construction lifter
43. Soap Opera, for one
45. Mr. Hudson aka Slash
47. 'Electron' suffix
48. Unappealing food serving
50. They're of little importance
52. "All over __ __ / At Waimea Bay..." - The Beach Boys, "Surfin' USA"
55. Curt content
56. Ms. Lupino
57. "__ __ favour, say 'Aye'."
59. Hot __ (Sundae stuff)
63. Bland
65. Scoots over: 2 wds.
67. "Jumping jelly beans!"
68. Early filmdom's Mr. Jannings
69. "__ '70s Show"
70. Lion lairs
71. Military level
72. Made by milliners

Down
1. Toronto neighbourhood, __ Park
2. Help with the heist
3. Place
4. Daring movie feats
5. Brand symbols, e.g.
6. Canadian writer Mr. Mistry
7. When sports ties might be broken, __ __ __
8. Documents, reports, etc.
9. MGM's motto, __ Gratia Artis
10. Coffee order
11. Slippery as __ __
12. Toast in a tavern!
15. Joggins __ __ (UNESCO World Heritage Site in Nova Scotia)
17. Songs for Celine Dion: 2 wds.
21. __ __ race (Do the 10K, for instance)
24. "What was __ __ do?"
26. "__ Crazy" (1980)
27. Spaces
28. Really look
29. Like unfresh milk
33. CFL feats
35. Be boating
36. Grimm opener...
37. Scotland's famed Loch
39. Soybean paste
41. Mandy of TV series "Homeland"
44. Lounge around
46. Vase
49. Golfing great Arnold
51. "Born on the __ of July" (1989)
52. Existed
53. Smart saying
54. Tokyo's locale
58. "__ __ Rock" by Simon & Garfunkel
60. Qatar's capital
61. Bearded animal
62. 911 respondents
64. Personal proofs, puny-ly
66. Wapiti

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

6	5	2	3	4	8	7	9	1
9	1	8	2	7	5	3	4	6
4	7	3	9	6	1	5	2	8
1	6	7	5	8	2	9	3	4
3	8	9	4	1	7	2	6	5
5	2	4	6	9	3	1	8	7
7	3	6	1	2	4	8	5	9
2	4	1	8	5	9	6	7	3
8	9	5	7	3	6	4	1	2

Weather

TODAY	FRIDAY	SATURDAY
MAX: 29° MIN: 18°	MAX: 30° MIN: 18°	MAX: 26° MIN: 20°

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